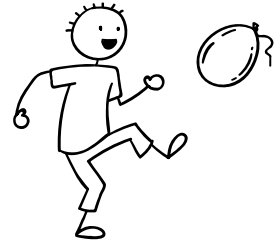


Lesson 4

Colours and fruit 3



General:

Level:	1 – BEAR CUBS (ages 3-5)
Time:	40 mins - 1 hour
Objectives:	Identify and recognize 7 colours and 6 fruit.
Structures:	What colour is it?“, "What fruit is it?"
New vocab:	orange, melon, pineapple, balloon.
Review vocab:	red, blue, green, purple, yellow, pink, orange, apple, banana, grapes.

You will need to download:

Flashcards:	apple, banana, grapes, orange, melon, pineapple
Printables:	<ul style="list-style-type: none"> • Colour the 6 fruit worksheet • What colour am I? reader worksheet • The Rainbow Song song sheet
Readers:	<ul style="list-style-type: none"> • What colour am I?
Songs:	<ul style="list-style-type: none"> • Hello Song • Goodbye Song • The Rainbow Song

These can be downloaded at <https://www.eslkidstuff.com/esl-kids-lesson-plans.html>

You will also need:

- name tags for each student
- name tracing sheets (one for each student with their name in dots)
- a glove puppet
- coloured crayons / pencils
- 7 sheets of origami coloured paper (red, green, blue, purple, yellow, pink, orange)
- 7 balloons of different colours (red, green, blue, purple, yellow, pink, orange)
- plastic fruit (in a small box)
- a length of rope
- cushions (1 per student)
- CD / Tape player or something to play the song on

Notes:

A fun lesson with lots of activities building on the previous lessons - and also your students' first classroom reader!

Lesson overview:

Warm up and maintenance:

1. Greetings
2. Name tags
3. Glove puppet greetings
4. Sing "The Hello Song"
5. Name writing
6. Homework check
7. Do "Exercise routine" activity
8. Review colours: red, blue, green, purple, yellow, pink, orange
9. Play "Colour pass", "Colour touch" and "Colour hold up"
10. Play "Balloon kick"
11. Sing "The Rainbow Song"

New learning and practice:

1. Review and teach fruit: apple, banana, grapes, orange, melon, pineapple
2. Play "Fruit fetch"
3. Play "Fruit rope jump" game
4. 5-minute play time
5. Read classroom reader "What colour am I?"

Wrap up:

1. Assign homework: "Colour the 6 fruit"
2. Say goodbye to glove puppet
3. Sing "The Goodbye Song"
4. Do "Quick check" and say goodbye

Lesson procedure:

Warm up and maintenance:

1. Greetings

Greet the students by name as they enter the classroom and gesture for them to sit down (on cushions if you have them) in a fan-shape around you.



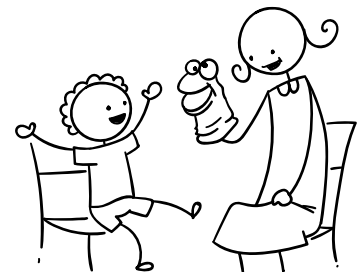
2. Name tags

Before class prepare some name tags (stickers or pin-on tags) with each student's name written on in lower case letters. Sit down with your students and lay out the name tags in front of you. Pick up each tag and call out the name. Try and encourage each student to put their hand up and say "yes". Hand over the tags and help to pin / stick on. In later lessons, once your students can recognize their written name, you can have them pick out their own name tags.



3. Glove puppet greetings

Bring out the bag, open it enough to see in and shout into the bag "Hello!". Then move your ear to the opening to listen - nothing. Go to each student and encourage them to shout "Hello" into the bag - each time nothing happens. Finally, get all the students together to shout "Hello!" at the same time. This time the puppet wakes up and jumps out of the bag! Then model the role play with the puppet:



Teacher: "Hello", What's your name?"

Puppet: "My name is..."

Then move onto the first student and say "Hello". Encourage him/her to say hello back. Let the students touch, cuddle and stroke the puppet. My puppet also likes to nibble their feet and arms. Next, the puppet asks each student: "What's your name?". If they are old enough, try and encourage "My name is..." but for the really little ones (3 and under) just saying their name is fine. Finally, go around saying "Goodbye" and "See you" before going back into the bag and back to sleep.

4. Sing "The Hello Song"

Sit in a circle and sing the song (clap along or pat knees) (clap along or pat knees).

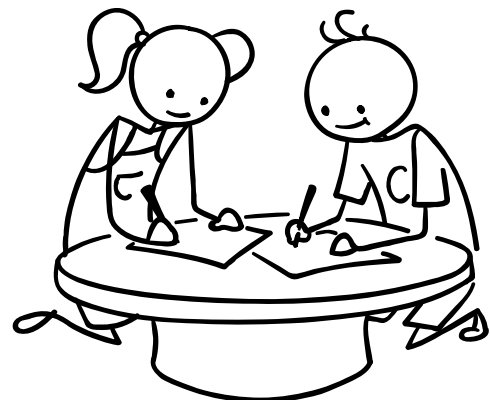
Lyrics for "The Hello Song"	Gestures for "The Hello Song"
<p>Hello, hello, How are you today? Hello, hello, How are you today?</p> <p>I'm fine, thank you, I'm fine, thank you, I'm fine, thank you, And how about you?</p> <p>Hello, hello, How are you today? I'm fine, thank you, And how about you?</p>	<p>These are quite straight forward. First time you play the song do the gestures and encourage everyone to do them with you.</p> <ul style="list-style-type: none"> • Wave as you sing the "Hello, hello" parts. • Gesture to others as you sing "How are you today?" • Point to yourself as you sing "I'm fine, thank you" • Hand gesture towards another student as you sing "And how about you?".



5. Name writing

Before class prepare a writing sheet for each student with their name written in dots for them to practice tracing.

Anna	Anna
Anna	Anna
Anna	Anna
_____	_____
_____	_____



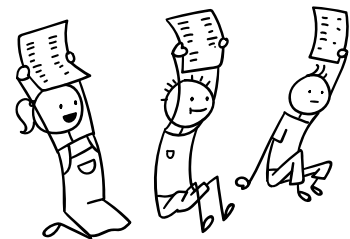
Everyone sits at a table with you. Take the sheets of paper and read the names - encourage each student to put their hand up and say "Yes". Give out the sheets to each student.

Next, say, "Take out your crayons" and have everyone trace their name using different colours. As the students trace their names, circulate, help and give lots of praise. Be sure to elicit red, blue and green colours as a review from last class.

Finally, praise and reward students for doing a good job!

6. Homework check

Check each student's homework that you set in the last lesson. Ask each student some questions about their homework worksheet (e.g. "what colour is this cup cake?"), give lots of praise, and then put some kind of mark on the homework sheet (e.g. a sticker, a stamp or draw a smiley face).



Finally, tell your students to put their homework back into their bags.

7. Do "Exercise routine" activity

Time for some action. Say the following and have the students follow your lead:

"Stand up (T stands and so does everyone else)

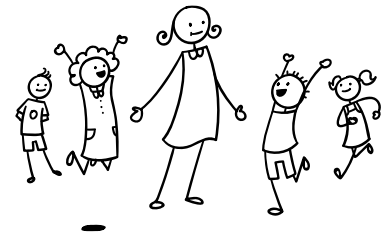
"Hands up / hands down" (do 4 or 5 times)

"Jump" (4 or 5 times)

"Run! / Stop!" (4 or 5 times)

"Turn around! / Stop!" (4 or 5 times)

finally "Sit down".



8. Review colours: red, blue, green, purple, yellow, pink, orange

Use the coloured origami paper / paper / card from the previous lesson.

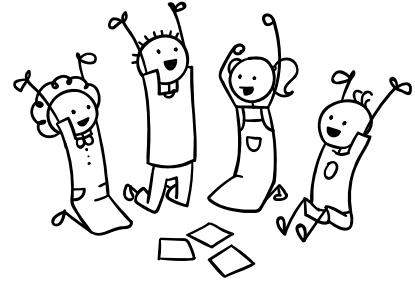
Sit everyone in a circle and hold up the first coloured paper and elicit the colour (e.g. red). Chorus and practice saying the colour. Do this for the rest of the colours.



9. Play "Colour pass", "Colour touch" and "Colour hold up"

Play "Colour pass": Take each colour card and pass it to your nearest student. Say "red" as you pass red, etc. The students pass the colours round the circle.

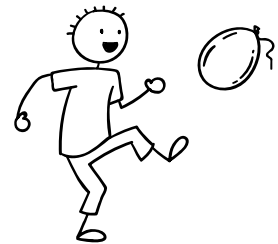
Play "Colour touch": Next, lay the 7 colours in the middle of the circle. Say "Hands up". Students raise their hands. Then say "Touch.....red!" and the students should all try and touch the red coloured paper. Do for all of the colours.



Play "Colour hold up": Finally, give each student one of the coloured papers. Say "Hold up....blue!" - the students holding the blue papers raise them into the air.

10. Play "Balloon kick"

You need 7 balloons – one for each of the review colours – don't blow them up yet. Take one balloon and elicit the colour. Then chorus "(blue) balloon" x3.



Now blow up the balloon (kids love watching this) and tie the end. Pat the balloon to one student and encourage him/her to say its colour as they catch it. Let the student pat it back to you and repeat the colour with all students. Do the same for the other 6 balloons.

Finally, line the balloons up and model the activity: "Ok, (your name) kick the (blue) balloon!", then run up to the (blue) balloon and kick it. Now instruct one student to kick a balloon, give lots of help and encouragement and then do with all the other students.

11. Sing "The Rainbow Song"

The first time you play the song, put up the Rainbow Song song poster on the board. Quickly elicit the colours. Play the song and sing along, touching the colours as you sing. You can even invite a student to come up to the board and touch the colours with you. Next, give out all 7 colours (e.g. coloured paper, pencils, etc.) to each student. Get each student to lay out the colours in front of him/her, in the order of the song. As you play the song again, have all students touch each colour and sing along.



Lyrics for "The Rainbow Song"

Verse 1:

Red and yellow and pink and green,
Purple and orange and blue.
I can sing a rainbow,
Sing a rainbow,
Sing a rainbow too.

Gestures for "The Rainbow Song"

There are a number of activities you can do as you sing along to the song:

- Simply pat your knees or clap in time with the music as you sing the song.
- Give each student a print out of the Rainbow Song song poster. As they sing along they touch each

<p>Verse 2: Red apples and yellow sun, Pink flowers in the green grass. Purple grapes and orange carrots, A rainbow high in the blue sky.</p> <p>Verse3: Red and yellow and pink and green, Purple and orange and blue. I can sing a rainbow, Sing a rainbow, Sing a rainbow too.</p>	<p>colour or picture.</p> <ul style="list-style-type: none"> • Give out the 7 colours to students (coloured paper, origami paper, coloured blocks, coloured pencils – anything will do) and have students touch the colours in time with the song. • Put coloured paper up around the walls of the classroom. Have all of your students point to each colour as it is sung.
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New learning and practice:

1. Review and teach fruit: apple, banana, grapes, orange, melon, pineapple

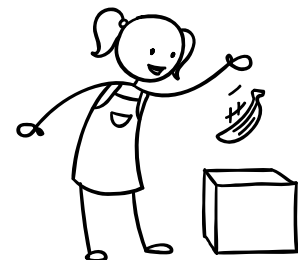
Use the plastic fruit from the previous lesson. Sit everyone in a circle around you. Take out the box with the fruit in and shake it – the rattling sound will instantly alert your students.

Open the box and pull out a fruit. Ask "What's this?" Elicit the word and chorus x3.

Next, mime biting the fruit and chewing, and then say "Yummy!". Then hold the fruit in front of each student to let them take an imaginary bite. Encourage them to say "yummy!" or even "yuk!". Repeat with the other fruit.

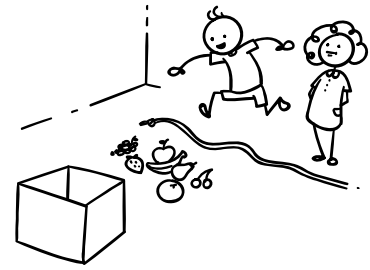
2. Play "Fruit Fetch"

Try and take enough plastic fruit pieces for each student (e.g. if you have 12 students you need two of each plastic fruit – if you don't have enough plastic fruit use our fruit flashcards instead). Throw the fruit around the classroom. Model the activity: say "(Your name) give me a/an (apple)". Get up, find the fruit and put it into the box. Now hold the box and instruct a student to pick up a fruit, bring it back to you and put it in the box. Do for each student in the class so that all of the fruit has been collected. Repeat for fun.



3. Play "Fruit Rope Jump" game

Take a length of rope and lay it across the floor at one end of the classroom. On one side place the 6 plastic fruit and the box. Have your students line up on the other side of the rope. Model: "(Your name), put the (apple) in the box". Run up to the rope, jump over the rope (say "Jump!") select the correct fruit and put it in the box. Now instruct each student to do the activity.



4. 5-minute play time

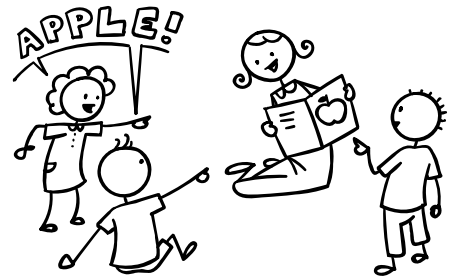
This is an optional segment that can be part of all your lessons at this level. Allow your students to play with any games or toys you have. If possible, use large tubs or boxes to hold the toys and bring them out for a few minutes each lesson. Tubs filled with animals, plastic fruit, building blocks, kitchen sets, plastic food, cars & vehicles, Mr. Potato Head dolls and so on.

Encourage your students to ask you for the toy they want to play with, circulate during the play time and ask students about their toys.

It's also a good opportunity for a quick rest room break!

5. Read classroom reader "What Colour Am I?"

Before class, download and print off the reader "What Colour Am I?" from our website. As you go through each page, point to the pictures and let your students shout out what colour it should be:



Teacher: What is this? (pointing at the black and white apple on page 1)

Students: It's an apple!

Teacher: Yes, that's right! (reading from the story) "I am an apple. What colour am I?"

Students: Red!

Teacher: Let's check ... (turning the page) ... Right! Good job! (reading from the story) ... "I am red". Can you point to something red in the classroom?

Students: (pointing to red things in the classroom)

Teacher: Yes, that's right! Red (books) and a red (T-shirt) ... (goes through all the red things students are point at).

Get the students really involved in the story by asking lots of questions (e.g. eliciting the objects and their colours) and getting everyone to point to colours in the classroom.

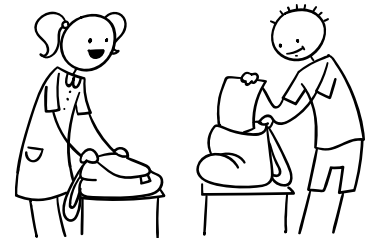
After reading the story, give out a reader worksheet to each student and read through the story one more time (without stopping for questions, etc.) as students colour in the objects from the story. Check to make sure that everyone is using the correct colours.

Alternatively, watch our video version of the reader on our website.

Wrap up:

1. Assign homework: "Colour the 6 fruit"

Hold up the homework worksheet and model colouring in the 6 fruit pictures. Elicit each colour as you go. Give out the worksheets and say, "Put your homework in your bags" and help them to do so - this is important as they will probably want to start colouring them right away.



2. Say goodbye to glove puppet

Take out the bag again and get everyone to wake up the glove puppet by shouting its name into the bag (e.g. "Cookie Monster!"). Bring out the puppet and go through the same routine - go to each student and say hello, ask their name and the say goodbye / see you.



Then put the puppet back in the bag (back to sleep).

3. Sing "The Goodbye Song"

Sit together in a circle and sing and clap along.

Lyrics for "The Goodbye Song"

Goodbye, goodbye,
See you again.
Goodbye, goodbye,
See you again.

It's time to go,
It's time to go,
It's time to go,
See you next time.



Gestures for "The Goodbye Song"

The first time you play the song do the gestures and encourage everyone to do them with you.

- Wave as you sing the "Goodbye, goodbye" parts.
- Hold your hand above your eyes (as you would when you are looking into the distance and keeping the sun out of your eyes) and look at another student as you sing "See you again".
- Tap watch (or imaginary watch) and

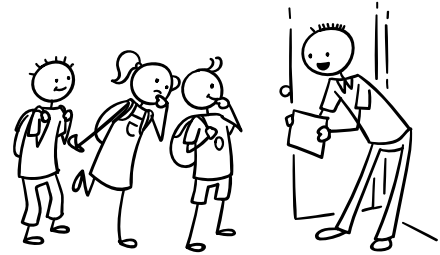
Goodbye, goodbye,
See you again.
It's time to go,
See you next time.

then point to the door as you sing "It's time to go".

- Point towards another student as you sing "See you next time".

4. Do "Quick check" and say goodbye

Time to leave the class. Make sure everything is put away and the students have gathered their belongings. Have them line up at the door and place yourself between the door and the students. For each student hold up a colour or fruit and elicit what it is. When they give you the correct answer say goodbye and let them leave. If their answer is wrong, have them go back to the end of the line - they will have to try again once they reach the front!



- All flashcards, worksheets, craft sheets, readers and songs used in this lesson plan can be downloaded at eslkidstuff.com/esl-kids-lesson-plans.html
- More free Lesson Plans are available at eslkidstuff.com/esl-kids-lesson-plans.html

Can you suggest any additions to this lesson plan? If you know of any great games, activities, teaching points, links to other sites or any other ideas that can be added to this lesson plan, please email us: <https://www.eslkidstuff.com/contact.htm>

Please report any mistakes at <https://www.eslkidstuff.com/contact.htm>

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