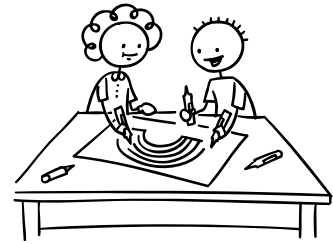


Lesson 3

## Colours and fruit 2



### General:

|               |   |
|---------------|---|
| Level:        | 1 – BEAR CUBS (ages 3-5)                                  |
| Time:         | 40 mins - 1 hour  |
| Objectives:   | Identify and recognize 7 colours and 3 fruit.             |
| Structures:   | What colour is it?“, "What fruit is it?"                  |
| New vocab:    | pink, orange, rainbow, sun, flowers, grass, carrots, sky. |
| Review vocab: | red, blue, green, purple, yellow, apple, banana, grapes.  |

### You will need to download:

|             |   |
|-------------|---|
| Flashcards: | apple, banana, grapes   |
| Printables: | <ul style="list-style-type: none"> <li>• Wall Circle sheet (x7)</li> <li>• Colour the fruit worksheet</li> <li>• Colour the cute fish worksheet</li> <li>• The Rainbow Song song sheet</li> </ul> |
| Songs:      | <ul style="list-style-type: none"> <li>• Hello Song</li> <li>• Goodbye Song</li> <li>• The Rainbow Song</li> </ul>  |

These can be downloaded at <https://www.eslkidstuff.com/esl-kids-lesson-plans.html>

### You will also need:

- name tags for each student
- name tracing sheets (one for each student with their name in dots)
- a glove puppet
- coloured crayons / pencils
- 7 sheets of origami coloured paper (red, green, blue, purple, yellow, pink, orange)
- plastic fruit (in a small box)
- cushions (1 per student)
- CD / Tape player or something to play the song on

### Notes:

Lots of work on colours in this lesson. Students will learn all the colors of the rainbow, so they'll be able to sing The Rainbow song.

## Lesson overview:

### Warm up and maintenance:

1. Greetings
2. Name tags
3. Glove puppet greetings
4. Sing "The Hello Song"
5. Name writing
6. Homework check
7. Do "Exercise routine" activity
8. Review fruit: apple, banana, grapes
9. Review colours: red, blue, green, purple and yellow
10. Play "Color pass", "Color touch" and "Colour hold up"

### New learning and practice:

1. Teach colours: pink, orange
2. Play "Colour stand up and jump"
3. Play "Find the colour"
4. Play "Touch the colours on the walls"
5. Do "Colour the circles" activity
6. 5-minute play time
7. Sing "The Rainbow Song"
8. Do "Colours of the rainbow" worksheet

### Wrap up:

1. Assign homework: "Cup cake colour"
2. Say goodbye to glove puppet
3. Sing "The Goodbye Song"
4. Do "Quick check" and say goodbye

## Lesson procedure:

### Warm up and maintenance:

#### 1. Greetings

Greet the students by name as they enter the classroom and gesture for them to sit down (on cushions if you have them) in a fan-shape around you.



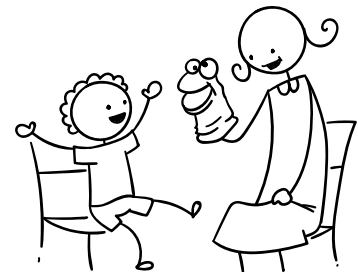
#### 2. Name tags

Before class prepare some name tags (stickers or pin-on tags) with each student's name written on in lower case letters. Sit down with your students and lay out the name tags in front of you. Pick up each tag and call out the name. Try and encourage each student to put their hand up and say "yes". Hand over the tags and help to pin / stick on. In later lessons, once your students can recognize their written name, you can have them pick out their own name tags.



#### 3. Glove puppet greetings

Bring out the bag, open it enough to see in and shout into the bag "Hello!". Then move your ear to the opening to listen - nothing. Go to each student and encourage them to shout "Hello" into the bag - each time nothing happens. Finally, get all the students together to shout "Hello!" at the same time. This time the puppet wakes up and jumps out of the bag! Then model the role play with the puppet:



Teacher: "Hello", What's your name?"

Puppet: "My name is..."

Then move onto the first student and say "Hello". Encourage him/her to say hello back. Let the students touch, cuddle and stroke the puppet. My puppet also likes to nibble their feet and arms. Next, the puppet asks each student: "What's your name?". If they are old enough, try and encourage "My name is..." but for the really little ones (3 and under) just saying their name is fine. Finally, go around saying "Goodbye" and "See you" before going back into the bag and back to sleep.

#### 4. Sing "The Hello Song"

Sit in a circle and sing the song (clap along or pat knees).

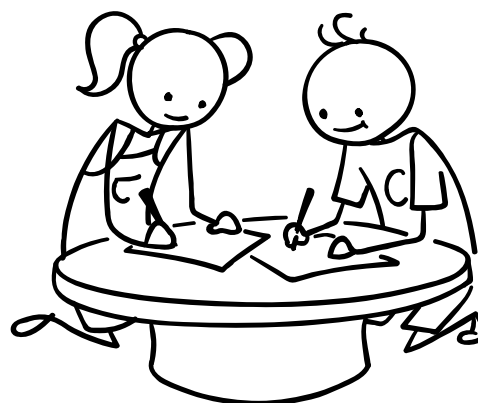
| Lyrics for "The Hello Song"   | Gestures for "The Hello Song"   |
|---|---|
| <p>Hello, hello,<br/>How are you today?<br/>Hello, hello,<br/>How are you today?</p> <p>I'm fine, thank you,<br/>I'm fine, thank you,<br/>I'm fine, thank you,<br/>And how about you?</p> <p>Hello, hello,<br/>How are you today?<br/>I'm fine, thank you,<br/>And how about you?</p> | <p>These are quite straight forward. First time you play the song do the gestures and encourage everyone to do them with you.</p> <ul style="list-style-type: none"> <li>• Wave as you sing the "Hello, hello" parts.</li> <li>• Gesture to others as you sing "How are you today?"</li> <li>• Point to yourself as you sing "I'm fine, thank you"</li> <li>• Hand gesture towards another student as you sing "And how about you?".</li> </ul> |



## 5. Name writing

Before class prepare a writing sheet for each student with their name written in dots for them to practice tracing.

|       |       |
|-------|-------|
| Anna  | Anna  |
| Anna  | Anna  |
| Anna  | Anna  |
| _____ | _____ |
| _____ | _____ |



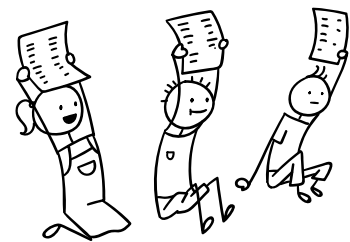
Everyone sits at a table with you. Take the sheets of paper and read the names - encourage each student to put their hand up and say "Yes". Give out the sheets to each student.

Next, say, "Take out your crayons" and have everyone trace their name using different colours. As the students trace their names, circulate, help and give lots of praise. Be sure to elicit red, blue and green colours as a review from last class.

Finally, praise and reward students for doing a good job!

## 6. Homework check

Check each student's homework that you set in the last lesson. Ask each student some questions about their homework worksheet (e.g. "what colour is this balloon?"), give lots of praise, and then put some kind of mark on the homework sheet (e.g. a sticker, a stamp or draw a smiley face).



Finally, tell your students to put their homework back into their bags.

## 7. Do "Exercise routine" activity

Time for some action. Say the following and have the students follow your lead:

"Stand up (T stands and so does everyone else)

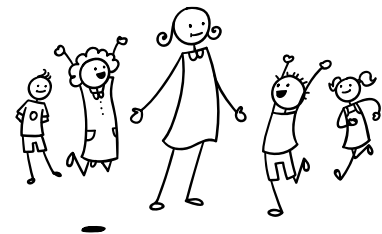
"Hands up / hands down" (do 4 or 5 times)

"Jump" (4 or 5 times)

"Run! / Stop!" (4 or 5 times)

"Turn around! / Stop!" (4 or 5 times)

finally "Sit down".



## 8. Review fruit: apple, banana, grapes

Use the plastic fruit from the previous lesson. Sit everyone in a circle around you. Take out the box with the fruit in and shake it – the rattling sound will instantly alert your students.

Open the box and pull out a fruit. Ask "What's this?" Elicit the word and chorus x3.



Next, mime biting the fruit and chewing, and then say "Yummy!". Then hold the fruit in front of each student to let them take an imaginary bite. Encourage them to say "yummy!" or even "yuk!". Repeat with the other fruit.

## 9. Review colours: red, blue, green

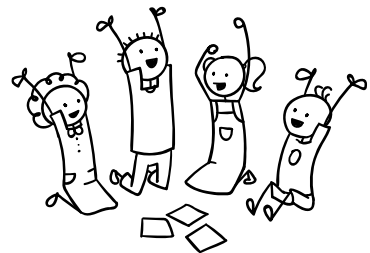
Use the coloured origami paper / paper / card from the previous lesson.

Sit everyone in a circle and hold up the first coloured paper and elicit the colour (e.g. red). Chorus and practice saying the colour. Do this for the rest of the colours.



## 10. Play "Colour pass", "Colour touch" and "Colour hold up"

**Play "Colour pass":** Take each colour card and pass it to your nearest student. Say "red" as you pass red, etc. The students pass the colours round the circle.



**Play "Colour touch":** Next, lay the 5 colours in the middle of the circle. Say "Hands up". Students raise their hands. Then say "Touch.....red!" and the students should all try and touch the red coloured paper. Do for all of the colours.

**Play "Colour hold up":** Finally, give each student one of the coloured papers. Say "Hold up....blue!" - the students holding the blue papers raise them into the air.

## New learning and practice:

### 1. Teach colours: pink, orange

Sit everyone in a circle and hold the 2 new coloured papers in each hand (purple and yellow) and ask, "What colour is it?" for each one.

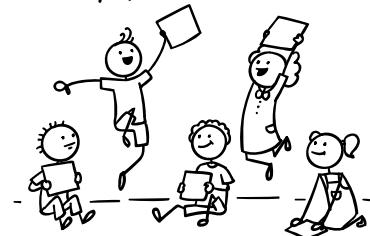
Elicit / Teach each colour and chorus 3 times.



### 2. Play "Colour stand up and jump"

Give out all 7 coloured papers, 1 colour per student (if you have more than 5 students, you will need more coloured papers).

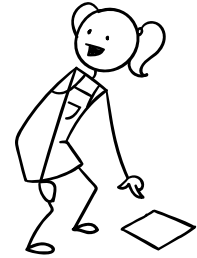
Have everyone sit on the floor. Say a colour (e.g. "red") and the students holding that colour have to quickly stand up, jump and then sit down. Start off slowly and get faster and faster.



### 3. Play "Find the Colour"

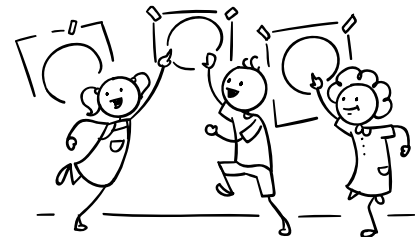
Now get each student to give you back their coloured paper by saying "Give me (blue)". Collect all the colours. Then place the coloured papers on the floor around the room. First

model by saying "Touch blue". Then stand up, go to a blue paper, touch it and say "blue" and go back to your place. Now say to one student "(Miki), touch green" and that student should stand up, find the correct colour and touch it. Get everyone to have at least one go. Finally, get students to stand up and give you back the colours as you say them (e.g. Paulo, give me red").



#### 4. Play "Touch the colours on the walls"

This is a great activity to do, especially if your classroom has lots of colourful posters on the walls. If not, before class pin lots of red, blue, green, purple, yellow, pink and orange origami papers around the classroom walls (at touching height).

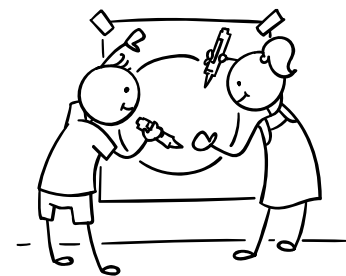


Demonstrate by shouting out a colour (e.g. "Red").

Run and touch red on any poster / red origami. Do the same for another colour (e.g. "Blue"). Each time run to a new poster/origami. Now have the students do the activity – shout out a colour and have them all run around the classroom touching the colours on the walls.

#### 5. Do "Colour the circles" activity

Before class, prepare 7 large sheets of white paper (or if you are teaching less colours that day, enough sheets of paper for the colours you are teaching). On each sheet draw a large circle which fills up the sheet (or download and print our wall circle sheet). Then stick the sheets on the walls of the classroom, at a height your students can reach.



At this point of your lesson, take out your coloured pencils/crayons and demonstrate the activity. Walk around the class and colour a small part of each circle with one colour (always say the colour as you are colouring). So there will be one circle with some red colour in it, one with yellow, and so on.

Next, tell your students to take out their coloured pencils/crayons. Have them walk around the classroom, colouring in a bit of each circle with the same colours you used. Make sure they say the colour as they do each colouring.

#### 6. 5-minute play time

This is an optional segment that can be part of all your lessons at this level. Allow your students to play with any games or toys you have. If possible, use large tubs or boxes to hold the toys and bring them out for a few minutes each lesson. Tubs filled with animals, plastic fruit, building blocks, kitchen sets, plastic food, cars & vehicles, Mr. Potato Head dolls and so on.

Encourage your students to ask you for the toy they want to play with, circulate during the play time and ask students about their toys.

It's also a good opportunity for a quick rest room break!

## 7. Sing "The Rainbow Song"

The first time you play the song, put up the Rainbow Song song poster on the board. Quickly elicit the colours. Play the song and sing along, touching the colours as you sing. You can even invite a student to come up to the board and touch the colours with you. Next, give out all 7 colours (e.g. coloured paper, pencils, etc.) to each student. Get each student to lay out the colours in front of him/her, in the order of the song. As you play the song again, have all students touch each colour and sing along.

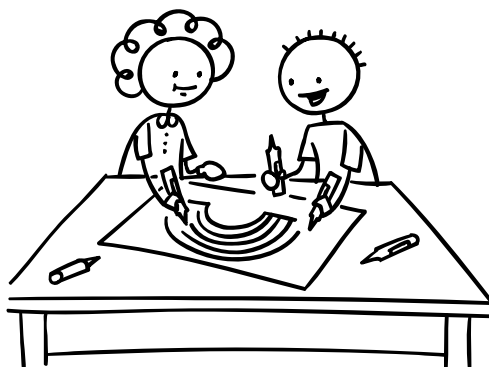


| Lyrics for "The Rainbow Song"  | Gestures for "The Rainbow Song"   |
|--|---|
| <p><b>Verse 1:</b><br/>Red and yellow and pink and green,<br/>Purple and orange and blue.<br/>I can sing a rainbow,<br/>Sing a rainbow,<br/>Sing a rainbow too.</p> <p><b>Verse 2:</b><br/>Red apples and yellow sun,<br/>Pink flowers in the green grass.<br/>Purple grapes and orange carrots,<br/>A rainbow high in the blue sky.</p> <p><b>Verse 3:</b><br/>Red and yellow and pink and green,<br/>Purple and orange and blue.<br/>I can sing a rainbow,<br/>Sing a rainbow,<br/>Sing a rainbow too.</p> | <p>There are a number of activities you can do as you sing along to the song:</p> <ul style="list-style-type: none"> <li>• Simply pat your knees or clap in time with the music as you sing the song.</li> <li>• Give each student a print out of the Rainbow Song song poster. As they sing along they touch each colour or picture.</li> <li>• Give out the 7 colours to students (coloured paper, origami paper, coloured blocks, coloured pencils – anything will do) and have students touch the colours in time with the song.</li> <li>• Put coloured paper up around the walls of the classroom. Have all of your students point to each colour as it is sung.</li> </ul> |

## 8. Do "Colours of the rainbow" worksheet

To finish off this section of the lesson, give out the worksheets. As your students are doing the worksheets, ask questions (e.g. "What colour is that?", etc.).

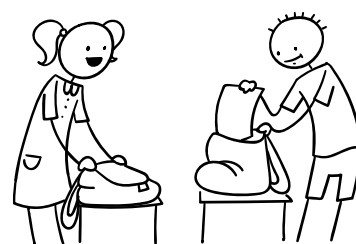




## Wrap up:

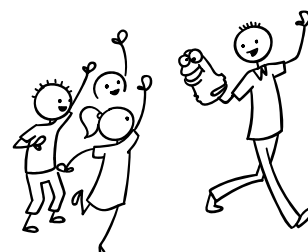
### 1. Assign homework: "Cup cake colour"

Hold up the homework worksheet and model colouring in the 6 cup cake pictures. Elicit each colour as you go. Give out the worksheets and say, "Put your homework in your bags" and help them to do so - this is important as they will probably want to start colouring them right away.



### 2. Say goodbye to glove puppet

Take out the bag again and get everyone to wake up the glove puppet by shouting its name into the bag (e.g. "Cookie Monster!"). Bring out the puppet and go through the same routine - go to each student and say hello, ask their name and the say goodbye / see you.



Then put the puppet back in the bag (back to sleep).

### 3. Sing "The Goodbye Song"

Sit together in a circle and sing and clap along.

#### Lyrics for "The Goodbye Song"

Goodbye, goodbye,  
See you again.  
Goodbye, goodbye,  
See you again.

It's time to go,  
It's time to go,



#### Gestures for "The Goodbye Song"

The first time you play the song do the gestures and encourage everyone to do them with you.

- Wave as you sing the "Goodbye, goodbye" parts.
- Hold your hand above your eyes (as you would when you are looking into the distance and keeping the sun out of

It's time to go,  
See you next time.

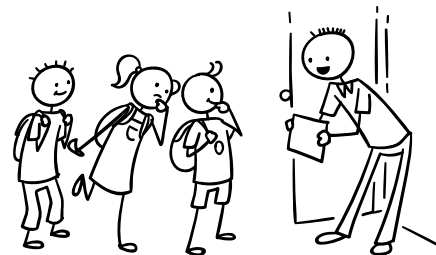
Goodbye, goodbye,  
See you again.  
It's time to go,  
See you next time.

your eyes) and look at another student as you sing "See you again".

- Tap watch (or imaginary watch) and then point to the door as you sing "It's time to go".
- Point towards another student as you sing "See you next time".

#### 4. Do "Quick check" and say goodbye

Time to leave the class. Make sure everything is put away and the students have gathered their belongings. Have them line up at the door and place yourself between the door and the students. For each student hold up a colour or fruit and elicit what it is. When they give you the correct answer say goodbye and let them leave. If their answer is wrong, have them go back to the end of the line - they will have to try again once they reach the front!



- All flashcards, worksheets, craft sheets, readers and songs used in this lesson plan can be downloaded at [eslkidstuff.com/esl-kids-lesson-plans.html](https://www.eslkidstuff.com/esl-kids-lesson-plans.html)
- More free Lesson Plans are available at [eslkidstuff.com/esl-kids-lesson-plans.html](https://www.eslkidstuff.com/esl-kids-lesson-plans.html)

Can you suggest any additions to this lesson plan? If you know of any great games, activities, teaching points, links to other sites or any other ideas that can be added to this lesson plan, please email us: <https://www.eslkidstuff.com/contact.htm>

Please report any mistakes at <https://www.eslkidstuff.com/contact.htm>

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