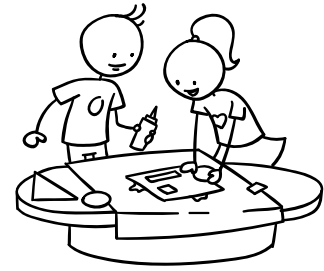


Lesson 14

## Review lesson: Body, shapes and colours



### General:

Level:	1 – BEAR CUBS (ages 3-5)
Time:	40 mins - 1 hour
Objectives:	Review and practice the language and skills from the body, shapes and colours lessons.
Structures:	“What is it?”, “What colour is it?”, “What shape is this?”, “Which part of the body is that?”, “Touch your ...”.
New vocab:	brown.
Review vocab:	head, shoulders, knees, toes, eyes, ears, mouth, nose, hair, square, circle, triangle, rectangle, 7 colours.

### You will need to download:

Flashcards:	head, should, knees, toes, eyes, ears, mouth, nose, hair
Printables:	<ul style="list-style-type: none"> <li>• Mr Shape Head craft sheet</li> <li>• Mrs Shape Head craft sheet (optional extra)</li> <li>• Mr Shape Head’s body worksheet</li> </ul>
Songs:	<ul style="list-style-type: none"> <li>• Hello Song</li> <li>• Goodbye Song</li> <li>• Head, shoulders, knees and toes song</li> <li>• The rainbow song</li> <li>• Mr. Shape Head song</li> </ul>
Readers:	<ul style="list-style-type: none"> <li>• The monster family reader</li> <li>• Mr. Shape Head reader</li> </ul>

These can be downloaded at <https://www.eslkidstuff.com/esl-kids-lesson-plans.html>

### You will also need:

- name tags for each student
- name cards for each student
- a glove puppet
- coloured crayons / pencils
- a large cloth bag

- 8 sheets of origami coloured paper (red, yellow, pink, green, purple, orange, blue, brown)
- squares, circles, triangles and rectangles cut out of coloured card (4 of each)
- sticky tape or blue-tack
- glue
- scissors (alternatively, cut out the shapes from the craft sheet before class)
- cushions (1 per student)
- CD / Tape player or something to play the song on

## Notes:

In this final body and shapes lesson, students review the vocabulary they have learned over the past 4 lessons. They also read a story about a funny character and do a fun craft activity.

## Lesson overview:

### Warm up and maintenance:

1. Greetings
2. Name tags
3. Glove puppet greetings
4. Sing "The Hello Song"
5. Homework check
6. Do "Exercise routine" activity
7. Do the "What's in the bag?" activity

### Review and practice:

1. Sing "The rainbow song"
2. Review colours: red, blue, green, purple, yellow, pink, orange and teach new colour brown
3. Play "Colour touch" and "Colour hold up"
4. 5-minute play time
5. Sing "Head, shoulders, knees and toes" song
6. Review 9 body parts
7. Practice the body vocab
8. Play "Flashcard exercises"
9. Read classroom reader "The monster family"
10. Review 4 shapes
11. Play "Missing shape" and "Shape touch"
12. Show Mr. Shape Head
13. Sing the "Mr. Shape Head" song
14. Read classroom reader "Mr. Shape Head"
15. Do "Mr. Shape Head" craft

### Wrap up:

1. Assign homework: "Mr Shape Head's body"
2. Say goodbye to glove puppet
3. Sing "The Goodbye Song"
4. Do "Quick check" and say goodbye

## Lesson procedure:

### Warm up and maintenance:

#### 1. Greetings

Greet the students by name as they enter the classroom and gesture for them to sit down (on cushions if you have them) in a fan-shape around you.



#### 2. Name tags

**NEW:** up to now your students have been tracing their names every lesson, so they should now be ready to print their names.

Before class, prepare some blank name tags (stickers or pin-on tags) and some cards, each with a student's name written on clearly – students will use them to copy their names onto their name tags.



Sit down with your students and lay out the name cards in front of you. Pick up each card and encourage the student to recognize his/her name. Do this for everyone.

Finally, have everyone take out a crayon or pencil and copy their name onto their tags and stick them on.

#### 3. Glove puppet greetings

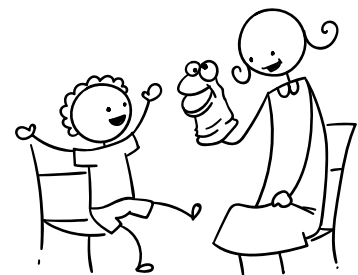
Bring out your glove puppet bag and have everyone shout "Hello!" into the bag until he wakes up and jumps out of the bag. Then model chatting with the glove puppet ...

*Puppet: "Hello", What's your name?"*

*Teacher: "My name is..."*

*Puppet: "How are you?"*

*Teacher: "I'm fine, thank you".*



... and then have the puppet say hello to each student and ask them the same questions. Finally, go around saying "Goodbye" and "See you" before going back into the bag to sleep.

#### 4. Sing "The Hello Song"

Sit in a circle and sing the song (clap along or pat knees).

## Lyrics for "The Hello Song"

Hello, hello,  
How are you today?  
Hello, hello,  
How are you today?

I'm fine, thank you,  
I'm fine, thank you,  
I'm fine, thank you,  
And how about you?

Hello, hello,  
How are you today?  
I'm fine, thank you,  
And how about you?

## Gestures for "The Hello Song"

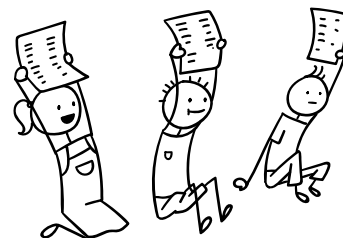
Sit in a circle and listen to the song (clap along or pat knees).

- Wave as you sing the "Hello, hello" parts.
- Gesture to others as you sing "How are you today?"
- Point to yourself as you sing "I'm fine, thank you"
- Hand gesture towards another student as you sing "And how about you?".



## 5. Homework check

Check each student's homework that you set in the last lesson. Ask each student some questions about their homework worksheet (e.g. "What shape/colour is this?", "Is this a green circle?", etc.), give lots of praise, and then put some kind of mark on the homework sheet (e.g. a sticker, a stamp or draw a smiley face).

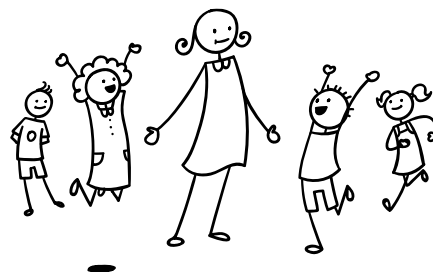


Finally, tell your students to put their homework back into their bags.

## 6. Do "Exercise routine" activity

Say the following and have the students follow your lead:

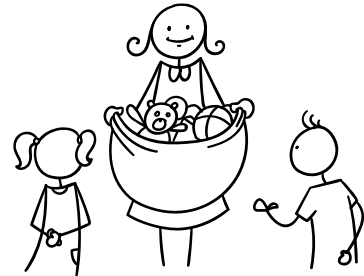
"Stand up (T stands and so does everyone else)  
"Hands up / hands down" (do 4 or 5 times)  
"Jump" (4 or 5 times)  
"Kick (4 or 5 times)  
"Run! / Stop!" (4 or 5 times)  
"Turn around! / Stop!" (4 or 5 times)  
"Wiggle!" (a few seconds)  
finally "Sit down".



## 7. Do the "What's in the bag?" activity

Before class, put a couple of new objects (e.g. a crayon, a plastic bottle, a sock, a paper cup, a leaf, a ball, a teddy, etc. - anything lying around (and safe!)) into the bag.

Show the bag to your students, shake it to rattle the objects inside, and ask, "What's in the bag?".



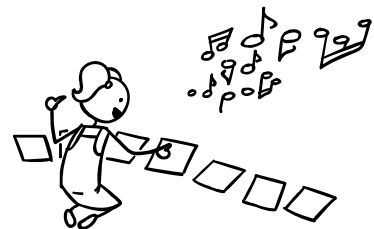
Randomly pull out different objects and teach/ elicit the words – in each case, have students hold and pass the objects around. You can even have students pull the objects out of the bag instead of you taking them out – with eyes closed to make it fun!

Finally, place/throw the objects around the classroom and have each student retrieve an object as you call out its name and put it back in the bag.

## Review and practice:

### 1. Sing "The Rainbow Song"

Let's start the colours review with a song! For this song you can either use the colours on this slide as you all sing along or have students touch the 7 colours (e.g. coloured paper, pencils, etc.) in front of him/her as they sing along.



Lyrics for "The Rainbow Song"	Gestures for "The Rainbow Song"
<p><b>Verse 1:</b> Red and yellow and pink and green, Purple and orange and blue. I can sing a rainbow, Sing a rainbow, Sing a rainbow too.</p> <p><b>Verse 2:</b> Red apples and yellow sun, Pink flowers in the green grass. Purple grapes and orange carrots, A rainbow high in the blue sky.</p>	<p>There are a number of activities you can do as you sing along to the song:</p> <ul style="list-style-type: none"> <li>• Simply pat your knees or clap in time with the music as you sing the song.</li> <li>• Give each student a print out of the Rainbow Song song poster. As they sing along they touch each colour or picture.</li> <li>• Give out the 7 colours to students (coloured paper, origami paper, coloured blocks, coloured pencils – anything will do) and have students touch the colours in time with the song.</li> <li>• Put coloured paper up around the walls of the</li> </ul>

**Verse3:**

Red and yellow and pink and green,  
Purple and orange and blue.  
I can sing a rainbow,  
Sing a rainbow,  
Sing a rainbow too.

classroom. Have all of your students point to each colour as it is sung.

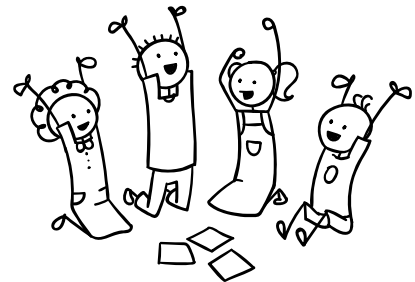
**2. Review colours: red, blue, green, purple, yellow, pink, orange and teach new colour: brown**

Use the coloured origami paper / paper / card for the 8 colours.

Sit everyone in a circle and hold up the first coloured paper and elicit the colour (e.g. red). Chorus and practice saying the colour. Do this for the rest of the colours.

**3. Play "Colour touch" and "Colour hold up"**

**Play "Colour touch":** Next, lay the 8 colours in the middle of the circle. Say "Hands up". Students raise their hands. Then say "Touch.....red!" and the students should all try and touch the red coloured paper. Do for all of the colours.



**Play "Colour hold up":** Finally, give each student one of the coloured papers. Say "Hold up....blue!" - the students holding the blue papers raise them into the air.

**4. 5-minute play time**

This is an optional segment that can be part of all your lessons at this level. Allow your students to play with any games or toys you have. If possible, use large tubs or boxes to hold the toys and bring them out for a few minutes each lesson. Tubs filled with animals, plastic fruit, building blocks, kitchen sets, plastic food, cars & vehicles, Mr. Potato Head dolls and so on.

Encourage your students to ask you for the toy they want to play with, circulate during the play time and ask students about their toys.

It's also a good opportunity for a quick rest room break!

**5. Sing the "Head, shoulders, knees & toes" song**

Everyone stand up. As the song plays everyone sings and does all the actions, touching each part of the body with two hands in time with the song. Each verse gets faster so by the last verse it will be frantic but great fun.

## Lyrics for "Head, shoulders, knees & toes"

*(Each verse gets faster and faster)*

### Verse 1:

Head, shoulders, knees and toes,  
Head, shoulders, knees and toes,  
Eyes and ears and mouth and nose,  
Head, shoulders, knees and toes.

### Verse 2:

Head, shoulders, knees and toes,  
Head, shoulders, knees and toes,  
Eyes and ears and mouth and nose,  
Head, shoulders, knees and toes.

### Verse 3:

Head, shoulders, knees and toes,  
Head, shoulders, knees and toes,  
Eyes and ears and mouth and nose,  
Head, shoulders, knees and toes.

## Gestures for "Head, shoulders, knees & toes"

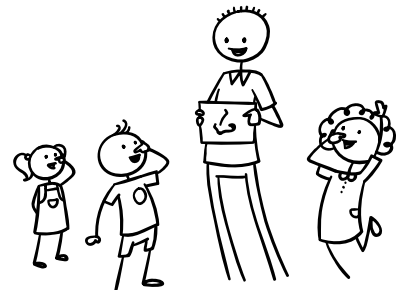
Doing the gestures with this song is a must! They are very simple and the kids will pick them up really quickly as they follow you.

Everyone needs to stand up. Simply touch the parts of your body with both hands in time with the song. The song starts off slowly with each verse getting progressively faster, making the gestures more frantic and therefore more fun!



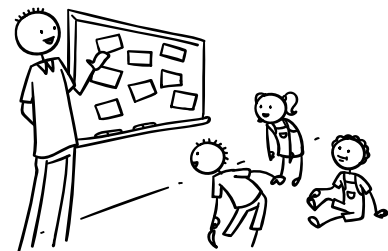
## 6. Teach 9 body parts

Before class, prepare flashcards for head, shoulders, knees and toes, eyes, ears, mouth, nose, hair. Slowly reveal each flashcard card so students can guess what the picture is. Then, have your students touch their part of the body (so, when you show the "head" picture get everyone to touch their heads). Chorus each word 3x and ask your students to individually say each word.



## 7. Practice the body vocab

Lay the 9 flashcards that you have just used in front of you, facing your students (or lined up on the board). Randomly touch each card and have your students touch that part of their body and say the word. Do a final, faster round.



## 8. Play "Flashcard exercises"

Get everyone sitting on the floor and facing the front of the class. Give out body flashcards so that each student has at least one card (even better is for each student to have two cards). Shout out a random flashcard word (e.g. "ears") with an action (e.g. "ears - hands up!"). All students with the ears flashcards have to do that action. Continue with other words and different

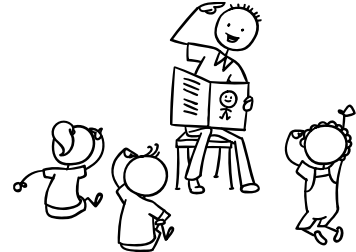




actions (e.g. jump up and down, run on the spot, turn around, stand up / sit down, wiggle, touch your toes, etc.).

## 9. Read classroom reader "The monster family"

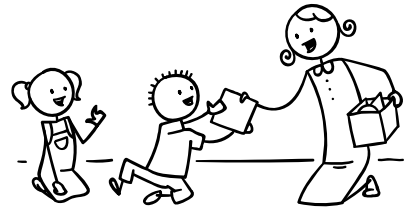
Before class, download and print off the reader "The monster family" from our website. As you go through each page, point to the pictures, elicit each key body word, and have your students touch their part of the body as shown in the picture.



Get the students really involved in the story by asking lots of questions (e.g. eliciting colours) and getting them to touch and say the parts of the body in the story.

## 10. Review 4 shapes

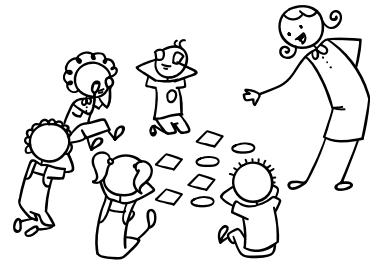
Use the shape cut-outs from your previous class (4 squares, 4 circles and 4 triangles and add 4 rectangle cut-outs on some coloured card).



Start off by showing the square and eliciting / chorusing "square". Hand the square to a student who says "square" and passes it on to another, each student saying "square" as they pass it around. Then do for the remaining 3 shapes. You can also elicit colours and sizes (e.g. a "big, yellow, square", "a small, blue circle", etc.).

## 11. Play "Missing shape" and "Shape touch"

Put all the square, circle, triangle and rectangle shapes on the floor and gather everyone around. Tell everyone to close their eyes. Take away one shape and say, "Open your eyes". Everyone must guess which shape is missing.



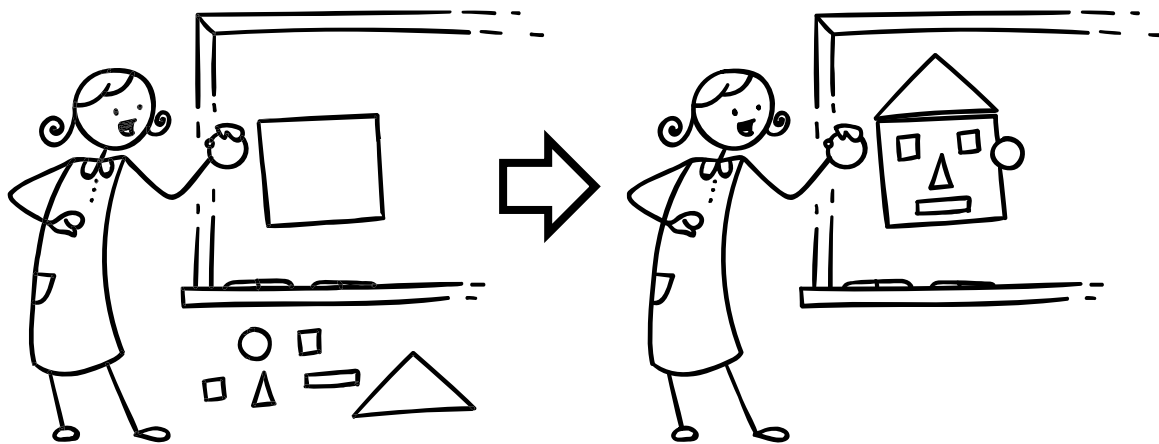
With the shapes still on the floor, say "Hands up in the air" – once all hands are up say, "Touch a (green) circle" – and have everyone quickly touch (not slam!) a green circle. Do this for all of the shapes.

## 12. Show Mr. Shape Head

Bring everyone's attention to the board and draw a large square – this will be the head. Using your shape cut-outs, your students are going to help you make Mr Shape Head. Make sure some of your cut-out shapes have some sticky tape or blue-tack on the back.

Hold up a triangle cut-out, elicit that shape. Then ask a student to come up and stick it onto the nose position inside the square head.

Keep doing this with the shapes until you have a complete head/face. Everyone will really enjoy helping you make the character's face!



### 13. Sing the "Mr. Shape Head" song

Keep Mr. Shape Head on the board and use it with the song. The song poster is also helpful as it shows the order of the shapes as they are sung in the song – so you can put this on the board as well. Play the song through one time, pointing at the shapes on the board as they are sung. Next, get everyone to stand up – teach the gestures (see below) and then play the song again and sing along doing all of the gestures.



#### Lyrics for "Mr. Shape Head"

##### Chorus:

Mr. Shape Head, how are you?  
Mr. Shape Head, how are you?  
Mr. Shape Head, how are you?  
How are you this morning?

##### Verse 1:

My eyes are square, but I'm okay  
My ears are circles, but I'm okay  
My nose is a triangle, but I'm okay  
For I am Mr. Shape Head

##### Chorus

##### Verse 2:

My head is square, but I'm okay  
My mouth is a rectangle, but I'm okay  
My hair is a triangle, but I'm okay  
For I am Mr. Shape Head

##### Chorus

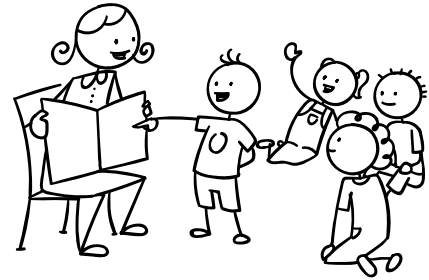
#### Gestures for "Mr. Shape Head"

Some simple actions can be used with this song:

1. For the chorus, touch your head for the "Mr. Shape Head" parts and then do the question gesture (palms up, looking puzzled) for the "How are you?" parts.
2. For the verses, make shapes with your fingers for each shape and place on the part of the face as it is sung (e.g. "My eyes are square" – make two square shapes with your fingers and place over your eyes; for "My ears are circles" make two circle shapes with your fingers and place over your ears; etc.).
3. For the part of the verse "but I'm okay", do a thumbs up with both hands.
4. For the end of each verse "For I am Mr. Shape Head", move your already thumbs up gesture to point your thumbs inwards to your body.

## 14. Read classroom reader "Mr. Shape Head"

Let's follow the song with a reader which uses the structures from the song. Before class, download and print off the reader "Mr. Shape Head" and its corresponding reader worksheet from our website. Give the worksheets to your students to colour as you read through the story. As you go through each page, point to the shapes in each picture and elicit the shapes, colours and face parts, for example:



*Teacher: (reading from page 4) "Let's put your head back on. Where is your square head?" ... Ok, what shape is his head?*

*Students: Square!*

*Teacher: (pointing at a square eye) ... Is this his head?*

*Students: No!*

*Teacher: (pointing at a circle) ... Is this his head?*

*Students: No!*

*Teacher: Where is his square head? (invite a student to touch the picture)*

*Student: Here.*

*Teacher: Ok, let's check (turns over to page 5) ... Yes, good job! What colour is his square head?*

*Students: Yellow!*

*Teacher: Yes, that's right! Ok, colour the yellow square on your worksheets. etc.*

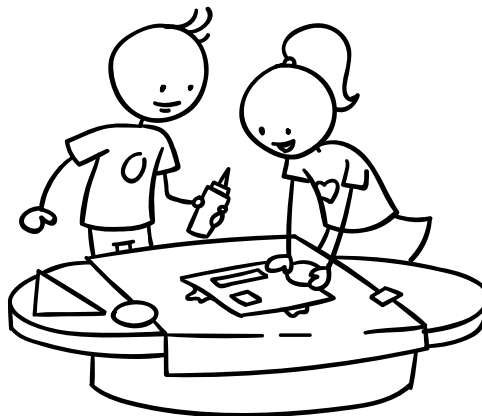
Get the students really involved in the story by asking lots of questions and getting them to touch their face parts along with the story.

## 15. Do the Mr. Shape Head craft

Before class, print out the Mr Shape Head craft sheet. You'll also need scissors and glue. Put students in pairs and give each pair the craft sheet. For little ones, you may want to cut out the shapes before class, otherwise help your students cut out the shapes.

Together each pair can then make Mr. Shape Head by gluing the shapes onto paper or card. Circulate as everyone is doing the activity and ask questions (e.g. "What is this shape?", "What is this?"). You can play the Mr. Shape Head song in the background as everyone is doing this activity.





## Optional extra - Mrs. Shape Head Craft & Mrs. Shape Head with Hijab Craft

We now have a craft for Mrs. Shape Head which comes with an optional hijab. Students can be given the option of making a "Mr. Shape Head" or a "Mrs. Shape Head".



Mrs. Shape Head Craft



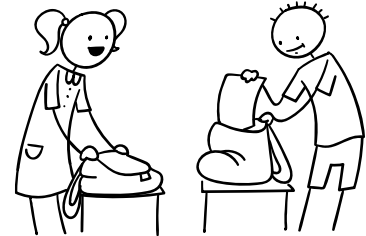
Mrs. Shape Head with Hijab Craft

**Extension activity** – an optional, fun game is to play a version of "Pin the tail to the donkey". Blindfold one student and give him a shape to put on the yellow square. Then get another blindfolded student to add another shape. Keep going until all the shapes are used up. The final head will be all over the place but it will have been great fun!

## Wrap up:

### 1. Assign homework: "Mr Shape Head's body"

Hold up the homework worksheet and model colouring in the shapes. Give out the worksheets and say, "Put your homework in your bags" and help them to do so - this is important as they will probably want to start colouring them right away.



### 2. Say goodbye to glove puppet

Take out the bag again and get everyone to wake up the glove puppet by shouting its name into the bag (e.g. "Cookie Monster!"). Bring out the puppet and go through the same routine - go to each student and say hello, ask their name and then say goodbye / see you.



Then put the puppet back in the bag (back to sleep).

### 3. Sing "The Goodbye Song"

Sit together in a circle and sing and clap along.

#### Lyrics for "The Goodbye Song"

Goodbye, goodbye,  
See you again.  
Goodbye, goodbye,  
See you again.

It's time to go,  
It's time to go,  
It's time to go,  
See you next time.

Goodbye, goodbye,  
See you again.  
It's time to go,  
See you next time.



#### Gestures for "The Goodbye Song"

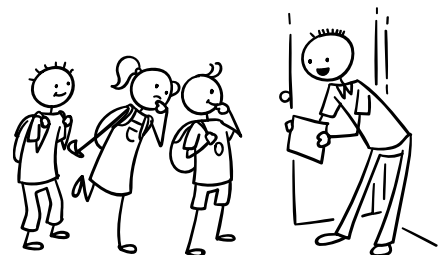
Have everyone do the gestures with you.

- Wave as you sing the "Goodbye, goodbye" parts.
- Hold your hand above your eyes (as you would when you are looking into the distance and keeping the sun out of your eyes) and look at another student as you sing "See you again".
- Tap watch (or imaginary watch) and then point to the door as you sing "It's time to go".
- Point towards another student as you sing "See you next time".

### 4. Do "Quick check" and say goodbye

Time to leave the class. Make sure everything is put away and the students have gathered their belongings. Have them line up at the door and place yourself between the door and the students.

For each student hold up a shape or body flashcard and



ask them to say what it is. When they say the word correctly say goodbye and let them leave. If they make a mistake, have them go back to the end of the line - they will have to try again once they reach the front!

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- All flashcards, worksheets, craft sheets, readers and songs used in this lesson plan can be downloaded at [eslkidstuff.com/esl-kids-lesson-plans.html](http://eslkidstuff.com/esl-kids-lesson-plans.html)
- More free Lesson Plans are available at [eslkidstuff.com/esl-kids-lesson-plans.html](http://eslkidstuff.com/esl-kids-lesson-plans.html)

Can you suggest any additions to this lesson plan? If you know of any great games, activities, teaching points, links to other sites or any other ideas that can be added to this lesson plan, please email us: <https://www.eslkidstuff.com/contact.htm>

Please report any mistakes at <https://www.eslkidstuff.com/contact.htm>

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